



## **HSB Noticeboard**

We're excited to announce that Headway South Bucks were successful in being awarded a grant from the Lawn Tennis Association to run walking and adaptive tennis. We will also receive some specific adaptive equipment! We look forward to starting this new activity soon!



Sharon's contact details 07704 860754 Tues to Thurs 9.30am to 5.30pm <u>sharon.smith@headwaysouthbucks.org.uk</u>

Resource Centre 07709 285112 Tues to Thurs 9.30am to 4pm

#### DAYS TO CELEBRATE IN APRIL

<u>APRILX</u>

April 1st – National Sourdough Bread day & April Fool's day April 2nd – National Walking day & National Ferret day April 3rd – National Find a Rainbow day & National Chocolate Mousse day. April 6th – National Carbonara day April 7th – National No Housework day & National **Coffee Cake day** April 8th – National Zoo Lovers day & National Banjo day April 9th – National Chinese Almond Cookie day April 10th – National Farm Animals day April 11th – National Pet day April 13th – National Scrabble day April 15th – National Rubber Eraser day & World Art day April 16th – National Banana day & **National Orchid day** April 17th – National Cheeseball day April 20th – National Volunteer Recognition day April 22nd – National Jelly Bean day April 23rd – National Picnic day & National Cherry **Cheesecake day** April 24th – National Pigs in a Blanket day April 30th – National Bubble Tea day & National Bugs Bunny day



# Staff and volunteers social trip

Our Tuesday, Wednesday and Thursday volunteers don't often get to see each other as they come on different days so we brought everyone together for a ten pin bowling social.

We are so lucky to have the support of such lovely volunteers.



## **Recent arts and crafts with Claire**

















### **Our furry friends**

At Headway South Bucks we are lucky to have regular visits from Paddington, a pets as therapy dog. He is a Leonberger and a gentle giant. Our Wednesday group have the pleasure of Indie who attends most Wednesday sessions and has a calming effect on us all. Our service users love her as you can see.





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marshmallow jellybeans	colorful flowers carrots	plants parade family	grass candy chick	lamb hunt find	fun dye
daffodils chocolate	tulips	family Easter	bunny	find eggs	
butterfly	Sunday	bonnet	April	duck	
painting	Spring	basket	nest	joy	
decorate	pastel	peeps	lily	hop	



#### Days to celebrate in May

May 1st – Learn to Ride a Bike day & National Salad day May 6th – National Beverage day May 7th – National Roast Leg of Lamb day May 10th – Hanging Flower Baskets day May 11th – National Archery day May 13th – International Hummus day & **National Apple Pie day** May 14th – National Brioche day May 15th – National Chocolate Chip day & National Bread Pudding Day. May 20th – World Bee day & **Pick Strawberries day** May 21st – National Strawberries and Cream day May 22nd – National Solitaire day May 28th – National Hamburger day & World Otter day May 29th – National Alligator day & **National Biscuit day** 





