Headway South Bucks June/July 2024 Newsletter





HSB Noticeboard

We love Chitty Chitty Bang Bang

We had a lovely day out on Thursday 16th May. We set off with our lovely coach driver Steve with our first stop being lunch at the Talbot, Ripley. We enjoyed a lovely two course lunch before re-boarding the coach to travel to the theatre.

The show was very entertaining and our interval ice cream went down a treat.

Thank you to everyone who made this trip possible!



Sharon's contact details
07704 860754
Tues to Thurs 9.30am to 5.30pm
sharon.smith@headwaysouthbucks.org.uk

Resource Centre 07709 285112 Tues to Thurs 9.30am to 4pm

Photos from our lunch and theatre trip



















Special days we plan to celebrate in June



June 4th – National Cheese day

June 5th- National Sausage Roll Day



June 6th - National Yo Yo Day

June 11th – Eat Healthy week

June 12th - National Peanut Butter Cookie

Day



June 13th - Cupcake Lover's Day

June 18th - International Picnic Day

June 19th - National Writing Day



June 26th - Cream Tea Day

June 27th - National Bingo day







A fun project with our Art and Crafts Therapist Claire





















July

Special days we plan to celebrate in July



July 4th Day - National Caesar Salad Day

July 11th - National Blueberry Muffin Day

July 16th - National Cherry Day

July 18th - National Tropical Fruit Day

July 23rd - National Vanilla Ice Cream Day

July 30th - Cheesecake Day

July 31st - National Avocado Day

Future plans for special interest trips

We are excited to be planning some trips taking smaller groups out to enjoy activities that are of particular interest to individuals.

These trips could be activities such as a trip to:

A golf driving range for our golf enthusiasts.



Ten Pin Bowling



A boat trip on the Thames

Cycling with specially adapted bikes



Cinema trip



Coffee/ Lunch trip

If you have a special interest or local place that you would like to visit do let one of us at HSB know so we can look into trying to arrange it for you.







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SANDCASTLE SUNSCREEN POPSICLE COOKOUT FRIENDS SWEAT SUNGLASSES SPRINKLER SUNSHINE CAMPING PICNIC BIKE HAMBURGERS
VACATION
ICECREAM
OUTSIDE
SUMMER
POOL

WATERMELON SWIMSUIT SWIMMING HOTDOGS BEACH HOT